



**HUMAN RESOURCES  
EMPLOYEE BENEFITS**  
Phone: (408) 535-1285  
Email: [benefits@sanjoseca.gov](mailto:benefits@sanjoseca.gov)  
Intranet: <http://www.csj.gov/hr>

### **Provider Phone Numbers & Web Sites**

#### **BLUE SHIELD**

☎ 1-800-872-3941

[www.blueshieldca.com](http://www.blueshieldca.com)

Blue Shield HMO: Access+ HMO

**Group #H11756**

Blue Shield PPO: Shield Spectrum PPO

**Group #975567**

Blue Shield POS: Added Advantage POS

**Group #MH0161**

#### **KAISER PERMANENTE – Group #887**

☎ 1-800-464-4000

<http://my.kp.org/ca/csjeemployees>

#### **DELTA DENTAL PPO – Group #2584**

☎ 1-800-765-6003

#### **DELTACARE HMO – Group #5643**

☎ 1-800-422-4234

[www.deltadentalins.com](http://www.deltadentalins.com)

#### **VISION SERVICE PLAN (VSP) – Group #12112926**

☎ 1-800-877-7195

[www.vsp.com](http://www.vsp.com)

#### **EYEMED VISION CARE – Group #9681586**

#### **EYEMED MATERIALS-ONLY – Group #9721127**

☎ 1-866-723-0514

[www.eyemedvisioncare.com](http://www.eyemedvisioncare.com)

(Provider Network Name is *Select*)

#### **ALLSTATE/PROVESS FLEXIBLE BENEFITS (MRA & DCAP)**

Medical Reimbursement Account &  
Dependent Care Assistance Program

☎ 1-866-639-5289

Claims Fax 1-866-264-4093

[www.provess.com](http://www.provess.com)

#### **PRUDENTIAL INSURANCE COMPANY**

Long Term Care Insurance

☎ 1-800-732-0416

[www.prudential.com/gltc](http://www.prudential.com/gltc)

(Group Name: *sanjose* Password: *ltcsanjose*)

#### **THE STANDARD INSURANCE COMPANY**

Long Term Disability (LTD) Insurance – **Policy#: 282971**

☎ 1-800-648-1356

Life Insurance – **Policy#: 630976**

☎ 1-800-628-8600

[www.standard.com](http://www.standard.com)

#### **MANAGED HEALTH NETWORK (MHN)**

Employee Assistance Program (EAP)

☎ 1-888-800-0059

[www.members.mhn.com](http://www.members.mhn.com)

(Company Code: *sanjosenonsworn* or *sanjosesworn*)

#### **CIGNA Group Insurance**

Personal Accident Insurance (AD&D) - **Policy#: OK10280**

☎ Claim 1-800-36CIGNA (4462)

[http://www.cigna.com/customer\\_care/index.html](http://www.cigna.com/customer_care/index.html)

#### **MEDEXPERT**

Medical Decision Support & Patient Advocacy Services

☎ 1-800-999-1999