



# ALL ACCESS SPORTS & FITNESS

## ADAPTED BOWLING

It's a strike! Come join us for our immensely popular bowling program at the newly remodeled 300 Bowling Alley, 5420 Thornwood Lane in San Jose on Tuesdays from 3:30pm-5:00pm. Register today, the lanes are going fast.

## ADAPTED FITNESS

Don't put it off any longer! The time has come to jump start your fitness level. This program is located at the fully equipped Camden Community Fitness Center, and ages 18 and up are welcome. Join us Monday, Wednesday, and Friday from 1-3:30 PM.

## POWERSOCCER

Do you use a power chair? Join the San Jose Steamrollers in the electrifying and growing sport of power soccer! Whether you just want to learn the sport or aspire to compete in tournaments, this is the program for you. Practice is held Saturdays from 9am-2PM at the Alviso Youth Center, 5040 North First Street, San Jose for ages 5 and up. Tournaments are held throughout the Bay Area.

## WHEELCHAIR BASKETBALL

Nothin' but net! Come join the San Jose Spokes to shoot some hoops. Tournament opportunities are available for big gamers. This program meets in the Camden Community Center gym on Mondays from 6:30-8:30PM for ages 13 and up. Don't miss out!

## WHEELS ON FIRE

Basketball, Rugby, Soccer, Bocce, you play it and we offer it! Wheels on Fire is a sports team designed for athletes who enjoy a variety of sports. No wheelchair? No problem. Athletes of all abilities are welcome. The team practices basic sports skills, team cooperation and rules of competitive play. They also engage in; derby car racing, bowling, movies, field trips and holiday parties.

### ALVISO CENTER, 5050 N. FIRST ST. (408) 251-6392

Class No.	Class Name	Ages	Day(s)	Dates	Time	Instructor	Mtgs.	Res/NonRes
252.3.4102	Powersoccer	5+	Sa	1/21-4/7	9:00AM-2:00PM	Dept. Staff	11	\$80/\$88

### CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

Class No.	Class Name	Ages	Day(s)	Dates	Time	Instructor	Mtgs.	Res/NonRes
382.3.4108	Adapted Bowling	11+	Tu	1/10-3/13	3:30PM-5:00PM	Dept. Staff	10	\$120/\$128
252.3.4100	Adapted Fitness	18+	M/W/F	1/9-3/28	1:00PM-3:30PM	Dept. Staff	33	\$144/\$152
382.3.4107	Wheelchair Basketball	13+	M	1/23-4/2	6:45PM-8:45PM	Dept. Staff	10	\$60/\$68
382.3.4106	Wheelchair Basketball Division 3	13+	M	1/23-4/2	6:30PM-8:30PM	Dept. Staff	10	\$100/\$108
382.3.4105	Wheels on Fire	5+	Sa	1/21-3/24	1:30PM-4:30PM	Dept. Staff	9	\$90/\$98

“THE MISSION OF THE DEPARTMENT OF PARKS, RECREATION AND NEIGHBORHOOD SERVICES IS “CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS.” IT IS OUR DESIRE THAT ALL MEMBERS OF THE COMMUNITY HAVE SAFE OPPORTUNITIES TO ACCESS COMMUNITY FACILITIES IN A PEACEFUL AND POSITIVE ENVIRONMENT.”

- Respect the rights and privileges of other participants and city staff at all times.
- Behave in a responsible manner.
- Respect the property of others, including city property and facilities.

- Cooperate with or assist the city staff in maintaining safety, order and discipline.
- Comply with the Code of Conduct.\*

\* A copy of the Code of Conduct can be obtained from PRNS staff