

# berryessa community center

Winter registration begins December 3



**get out and play...everyday!**

3050 berryessa road

san José, ca 95132

408.251.6392

[www.sanjoseca.gov/prns](http://www.sanjoseca.gov/prns)

CITY OF  
**SAN JOSE**  
CAPITAL OF SILICON VALLEY

Parks, Recreation and  
Neighborhood Services

## Arts & Crafts

### Art Adventures

Children experience each of the art disciplines: Drama, Dance, Music, and Visual Arts through fun and engaging theme-based activities. Preschoolers develop creative expression, movement, motor skills, socialization, language skills and math concepts. Costumes, props, art supplies provided.\* **Child Only; \*\*Parent/Child**

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
*212.3.0101	Rm 2	10:20-11:05am	1/17-3/20	Tu	3-5	Clap	\$131
**212.3.0100	Rm 2	9:30-10:15am	1/17-3/20	Tu	2-4	Clap	\$131

### Art Explorations

This visual arts program uses a variety of art media that will inspire students in the creation of their own original works of art! Instruction includes visual arts vocabulary and the basic elements of art. Students will also learn about the arts in different cultures and traditions, gaining a deeper appreciation for the world around them.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0103	Rm 2	5:35-6:35pm	1/19-3/22	Th	6-12	Clap	\$131

### Art for Preschoolers

Children explore and experiment with painting, drawing, textures, collages, and other basic art techniques. As they stretch their imagination, little ones are also developing fine motor skills, color and shape recognition, listening and focusing. A variety of art materials will be used as they create their own original works of art! We'll also add group singing and dancing each day. Our group activities help children improve language and social skills, coordination, gross motor skills, and is a fun time for all!

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0102	Rm 2	4:45-5:30pm	1/19-3/22	Th	3-5	Clap	\$131

## Dance



### Baby Ballet

This class encourages self-expression and fun! Children learn to respond to music, improve balance and agility, and express their feelings through the art of dance. A wide variety of music and fun props such as scarves, teddy bears, and hula hoops will keep your little one entertained. Wear comfortable clothes to move easily and bare feet or ballet shoes. This class may be offered as a parent/child program or child-only program.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0201	Rm 2	10-10:45am	1/18-3/21	W	2-3	CLAP	\$116
212.3.0202	Rm 2	9:30-10:15am	1/21-3/24	Sa	2-3	CLAP	\$105

### Pre-Ballet

A first introduction to ballet - children learn basic ballet positions, steps and routines. They dance to a variety of ballet and age-appropriate music, use props and have lots of fun! Children should wear ballet attire and ballet shoes. Parents may stay for first 10 min of first class and are invited back at the end of program for a class demonstration.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0208	Rm 2	10:50-11:35am	1/18-3/21	W	3-5	Clap	\$116

### Hip Hop

High-energy dance classes provide hours of fun while promoting teamwork and improving coordination, stamina and overall fitness. Dance steps are introduced slowly in easy to understand language. As students sharpen their moves and refine footwork, choreography is introduced. Instruction is broken down to simplify the learning process, thereby helping to instill confidence in all dancers. Program culminates with an exciting costumed presentation!

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0204	Rm 2	5:05-6:05pm,	1/17-3/20	Tu	5-7	Clap	\$116
212.3.0205	Rm 2	6:10-7:10pm,	1/17-3/20	Tu	8-14	Clap	\$116
212.3.0206	Rm 2	11:10-12:10am	1/21-3/24	Sa	6-12	C:ap	\$105

## Dance

### Pop Star! Dance

Come be a STAR! Dancers will learn moves from shows like High School Musical and Glee! They will learn current pop, hip hop, and jazz style moves to fun music. Instructors will also help students make up their own choreography to incorporate in their dance. Dancers perform in class on the last day of the session.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0211	MPR	10:50-11:35am	1/21-3/3	Sa	5-8	Dance Force	\$82

### Princess Pre-Ballet

A first introduction to ballet - children learn basic ballet positions, steps and routines. They dance to a variety of ballet and age-appropriate music, use props and have lots of fun! Children should wear ballet attire and ballet shoes. Parents may stay for first 10 min of first class and are invited back at the end of program for a class demonstration.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0210	MPR	10-10:45am	1/21-3/3	Sa	3-5	Dance Force	\$82

### Tap/Ballet

This tap/ballet combination class introduces your child to the basics of both ballet and tap, combining creative movement, grace and balance. Students will be introduced to basic tap steps such as shuffles, rhythm exercises, and springs, and will learn elementary ballet including plies, tendus, passes, and the basic ballet positions. This upbeat class will also incorporate fun music and props such as scarves, teddy bears and hula hoops!

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0203	Rm 2	4:15-5pm	1/17-3/20	Tu	3-5	Clap	\$116
212.3.0209	Rm 2	10:20-11:05am	1/21-3/24	Sa	3-5	Clap	\$105



**MOST OF OUR DANCE CLASSES HAVE A RECITAL AT THE END OF THE SESSION. ASK YOUR INSTRUCTOR FOR MORE INFO.**

## Early Childhood Recreation (ECR)



Please consider the following policies and requirements before registering for an Early Childhood Recreation (ECR) class offered by the City of San Jose.

Each child must be the required age on the first day of class. A birth certificate may be requested for age confirmations. **Participants must be toilet trained by first day of program.**

Please Note: The City of San Jose, Department of Parks, Recreation and Neighborhood Services provide recreational programs **ONLY, and not licensed childcare.**

### Kinder Ready

This class prepares your child for kindergarten with age-appropriate activities, learning concepts, socialization skills and fun. Your child learns alphabet sounds, shapes and colors. The goal is to have fun, participate and learn. Children must be potty trained by the first day of class. \*Requirements for parent volunteers, snacks, etc vary by center.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0300	Rm 1	9am-12pm	1/23-3/19	MWF	4-5	Natta	\$415
212.3.0302	Port 2	9am-12pm	1/23-3/19	MWF	4-5	Hema	\$415
212.3.0304	Port 2	9am-12pm	1/24-3/15	Tu Th	4-5	Hema	\$308
212.3.0301	Rm 1	1-4pm	1/23-3/19	MWF	4-5	Natta	\$415

### Time for Two's

Join us for a fun filled time of stories, games, music, singing, and wonderfully messy activities. Your child develops pre-socialization skills and creativity. Parent must attend with registered child. \* Requirements for parent volunteers vary by center.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0303	Port 2	9:30-11:30am	1/21-3/24	Sa	1-2	Hema	\$160

**Early Childhood Recreation (ECR)**

**Wee Three's & Four's**

This socialization program emphasizes positive self-esteem, following directions and simple learning concepts through circle time, music, songs, stories and arts and crafts. Food will be provided for cooking activities and may be provided for special events. Children must be potty trained. Parents are essential and may be required to assist the instructor at least once during the session. \*Requirements for parent volunteers, snacks, etc vary by center.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0305	Port 2	1pm-3pm	1/23-3/19	MWF	3-4	Hema	\$384
212.3.0306	Rm 1	9am-11am	1/24-3/15	Tu Th	3-4	Natta	\$276

**Music & Theatre**

**Guitar 1**

Do you ever see a guitar and wish you knew how to play it? Now's your chance. While focusing on developing great technique, students will learn to play chords, scales, read music and most styles that interest them. No experience is required. Students must bring their own guitar and pick to class. Non-refundable materials fee of \$12.00 due 1st meeting.



Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0602	RM 1	8:40-9:25am	1/21/3/17	Sa	6-12	Noteworthy	\$106

**Guitar 2**

Students will continue to focus on developing great technique, learning to play chords, scales, reading music, and most styles that interest them. Students must bring their own guitar and pick to class. Non-refundable materials fee of \$12.00 due 1st meeting.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0603	RM 1	9:30-10:15am	1/21/3/17	Sa	6-12	Noteworthy	\$106

**Music Together**

Music Together® is a research-based, developmentally appropriate music and movement program for children and their caregivers. Classes are fun and informal. Songs, chants, instrumental play and dance are experienced in a non-performance, mixed-age, participation encouraged environment.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0613	Rm 2	10:30-11:15am	1/20-3/23	F	0-5	Harmony	\$192

**Piano Keyboard Level 1**



Basic piano skills, music reading and theory are taught as well as rhythm and ear training. Regular access to a piano or keyboard is essential for progress. This class is for Level 1 students with no prior experience. Must bring headphones with a 1/4" headphone adapter. Non-refundable book fee of \$8.00 due at 1st meeting.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0605	Rm 3	4-4:45PM	1/23-3/19	M	6-12	Noteworthy	\$106
212.3.0607	Rm 3	11:30-12:15pm	1/21-3/17	Sa	6-12	Noteworthy	\$106

**Piano Keyboard Level 2 & Up**

Basic piano skills, music reading and theory are taught as well as rhythm and ear training. Regular access to a piano or keyboard is essential for progress. This class is for continuing students who have completed the Level 1 class. Must bring headphones with a 1/4" headphone adapter. Option to purchase next book for \$8.00 and/or flashcards for \$6.00 on the 1st day of class meetings only

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0604	Rm 3	4:50-5:35PM	1/23-3/19	M	6-12	Noteworthy	\$106
212.3.0606	Rm 3	5:40-6:25pm	1/23-3/19	M	6-12	Noteworthy	\$106
212.3.0608	Rm 3	9:50-10:35am	1/21-3/17	Sa	6-12	Noteworthy	\$106
212.3.0609	Rm 3	10:40-11:25	1/21-3/17	Sa	6-12	Noteworthy	\$106



**Music & Theatre**

**Vocal Level 1**

This beginners class explores technique and uses vocal exercises to teach students the fundamentals of singing. Students will learn note reading, rhythm, and musical theory; as well as perform various well-known songs. On the last day of class, students will give a recital for family and friends. Non-refundable materials fee of \$18.00 due at 1st meeting

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0610	Rm 3	6:30-7:15pm	1/23-3/19	M	6-12	Noteworthy	\$106
212.3.0611	Rm 3	9-9:45am	1/21-3/17	Sa	6-12	Noteworthy	\$106

**Vocal Level 2**

A continuation class for students who have completed one session of the Vocals 1 class. Through the use of technique and vocal exercises, students will continue learning the fundamentals of singing as well as note reading, rhythm, and musical theory, while performing well-known songs. On the last day of class students will give a recital for family and friends. Non-refundable materials fee of \$18.00 due at 1st meeting.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0612	Rm 3	3:10-3:55	1/23-3/19	M	6-12	Noteworthy	\$106

**Sports**

**Karate (Kenpo) Level 1**

Learn a beginning form of martial arts that promotes respect, self esteem, leadership and self-confidence. This class teaches the techniques of kicking, punching, blocking, striking and self-defense. Karate uniforms not required, but are available through the instructor. Classes are taught by highly-qualified instructors with 2nd-5th degree Black Belts. Students are required to take our Karate Kenpo Level 1 class before registering for our Level 2/3 class.



Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0830	MPR	5:30-6:20pm	1/23-3/19	M	5-14	Dragon Cld	\$82

**Karate (Kenpo) Level 2 & 3**



This is a continuation of the Level 1 class. Students will learn an intermediate form of martial arts which promotes respect, self esteem, leadership and self-confidence. This class continues teaching the techniques of kicking, punching, blocking, striking and self-defense while adding elbow & knee strikes, multiple combinations, intermediate forms and intermediate self-defense techniques. Karate uniforms not required, but are available through the instructor. Classes are taught by highly-qualified instructors with 2nd-5th degree Black Belts. Students are required to take our Karate Kenpo Level 1 class before registering for this Level 2/3 class.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0831	MPR	4:30-5:20PM	1/23-3/19	M	5-14	Dragon Cld	\$82

**Soccer 1**

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually.



Shin-guards are required after the first meeting.

Class Status Hotline: 1-888-372-5803

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0816	Cataldi Park	10:15-11am	1/21-3/17	Sa	5-6	Kidz Love	\$99

**Soccer, Mommy/Daddy & me**

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and parents are a part of the action!

Class Status Hotline: 1-888-372-5803

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0819	Cataldi Park	5-5:30pm	1/21-3/17	Sa	2-3	Kidz Love	\$99

**Sports**

**Soccer, Pre Soccer**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. **Class Status Hotline: 1-888-372-5803**



Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0815	Cataldi Park	9:35-10:10am	1/21-3/17	Sa	4-5	Kidz love	\$99

**Soccer, Skillz & Scrimmages**

Kidz will enjoy advanced skill building: dribbling, passing, shooting and more in a team format. This class teaches individual skills and team play with lots of fun and action! All skill levels are welcome. Each participant will receive a soccer jersey. Shinguards are required. **Class Status Hotline: 1-888-372-5803**

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0818	Cataldi Park	11:05-11:50am	1/21-3/17	Sa	7-10	Kidz love	\$111

**Soccer, Tot**

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting. **Class Status Hotline: 1-888-372-5803**

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0814	Cataldi Park	9am-9:30am	1/21-3/17	Sa	3-4	Kidz love	\$99

 **Councilmember Kansen Chu,**  
 Department of Parks, Recreation, and Neighborhood Services  
 and the Berryessa Community Center Advisory Council invite you to:

**Breakfast with Santa**

**Saturday, December 10, 2011**

Berryessa Community Center  
 3050 Berryessa Road San José, CA 95132  
 (408) 251-6392 Fax: (408) 251-7687



**Pre-Registration Price**  
 \$5 per child – Activity # 212.2.1301  
 (under 1yr -FREE)  
 \$8 per adult – Activity # 212.2.1302

**Event Schedule**  
 9:00am – 11:00am  
 Pictures with Santa and  
 Children Arts and Crafts  
  
 9:30am – 10:45am  
 Pancake breakfast  
  
 10:30 am-10:45am  
 Raffle (must be present to win)

Pre-Registration must be received by  
**Thursday, December 8, 2011.** Register in  
 person at Berryessa Community Center,  
 fax or online at  
[www.sanjoseca.gov/prns/](http://www.sanjoseca.gov/prns/)

Walk-ins are welcome at an  
 increased rate starting on  
 Friday, December 9th and  
 during the day of the event.



**Second Harvest Food Bank**  
 We will be hosting a can food drive  
 from November 16, 2011 to  
 December 10, 2011.  
 Extra raffle tickets will be given for  
 those who choose to donate.

**All Access Sports**

**Fun For all**

A play program designed for children with developmental disabilities including those with Autism Spectrum Disorders. The class includes music, games, arts and crafts, movement activities, and field trips. Food will be provided for all cooking projects. Children should bring a sack lunch to class each week.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.4001	Rm 1	10:30-1:30PM	1/21-3/17	Sa	5-11	Staff	\$105

**Health & Fitness**



**Cardio Sculpt**

Work at your own pace to a high-energy format. You will get your overall workout with an emphasis on toning muscle, gaining strength and increasing flexibility, while improving cardiovascular level. Please bring a floor mat or towel.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0502	MPR	6-7pm	1/17-3/6	Tu	18+	Virginia	\$78
212.3.0503	MPR	11:45-12:45pm	1/21-3/17	Sa	18+	Virginia	\$78

**Yoga**

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture. All levels are welcome. Wear loose clothing and bare feet.

Course #	Location	Time	Date	Day	Ages	Instructor	Cost
212.3.0501	MPR	7pm-8pm	1/17-3/6	Tu	18+	Virginia	\$78

Register by Walk in, Fax, or Online

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