

SOUTHside COMMUNITY CENTER

Winter registration begins December 3



get out and play...everyday!



*Parks, Recreation and
Neighborhood Services*

5585 Gottle Road

San José, CA 95123

408.629.3336

www.sanjoseca.gov/prns

Cookies, Cocoa and Santa Too!



Saturday, December 3, 2011
10:00 a.m. to 1:00 p.m.

Warm up at Southside Community Center with cocoa and cookies along with your family and friends at this FREE event.

Location:

Southside Community Center
5585 Cottle Road
San Jose, CA 95123

Call 408-629-3336
For more information

Participate in the following:

- * Create seasonal crafts from 10:00 a.m.-12:30p.m.
- * Shop at our Holiday Boutique from 10:00 a.m.-12:30 p.m.
- * Enjoy a movie from 10:30 a.m.-12:30 p.m.
- * Visit with Santa from 11:00 a.m.-12:30 p.m. (limit one picture per family)



Be a vendor at our Holiday Boutique!

- * Pre-registration is required between November 1-23
- * Registration Fees: \$20/table before 11/23; \$25/ table 11/28-12/3
- * All registration must take place in person at Southside Community Center.
- * Sellers permit is required.

Register online or at our office today!

Registration Begins Saturday, December 3 at 10:00 a.m.

- ✓ **PLEASE NOTE:** Registration could begin earlier depending on when our Winter City Wide Activity Guides arrive at Southside Community Center. Call for more information.

Registration can take place the following ways:

- ✓ In person – just fill out a registration form and pay the fee (s) for the programs listed.
- ✓ Online at www.sanjoseca.gov/prns/register; you can browse activities by category, community center, or by class number.
- ✓ Learn more about our instructors and get up to date information by visiting our Facebook page.

 facebook.com/southsidecommunitycenter

Health & Fitness

Activity #	Class Name	Min/Max	Dates	Times	Ages	Day	Instructor	Sess.	Cost
216.3.0500	Boot Camp NEW!	7 20	1/21 2/11	9:00 AM 10:00 AM	14 99	Sa	Win	4	\$ 45
216.3.0501	Pilates, Sculpting, NEW!	7 20	1/21 2/11	10:00 AM 11:00 AM	14 99	Sa	Win	4	\$ 45
216.3.0503	Yoga (Hatha)	7 12	1/24 3/13	5:00 PM 6:30 PM	14 99	T	Pickel	8	\$ 180
216.3.0504	Yoga (Hatha)	7 12	1/24 3/13	6:30 PM 8:00 PM	14 99	T	Pickel	8	\$ 180
216.3.0502	Yoga, NEW!	7 20	1/21 2/11	11:00 AM 12:00 PM	14 99	Sa	Win	4	\$ 45



Boot Camp:

This 60-minute weight-training and aerobics class is designed to achieve your fitness goals using weights, cardio intervals and weight-loss training. This is a progressive exercise class. Please bring your own exercise mat and towel.



Pilates, Sculpting:

Pilates is effective for people of all ages and fitness levels. Build long, lean muscles without bulk. Challenge deep abdominal muscles to support your core. Reduce stress, relieve tension and boost energy through deep stretching. Restore postural alignment. Improve the way your body looks and feels. Wear loose fitting clothing and bring a water bottle.



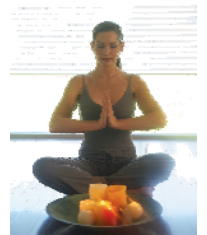
Yoga:

Increase your strength, flexibility, inner balance and vitality. This class focuses on relieving tension in the back, neck, shoulders and hips through breathing techniques and relaxation with special attention to proper alignment, energy flow and posture. All levels are welcome. Wear loose clothing and bare feet.



Yoga (Hatha):

A contemporary blend of traditional and non-traditional Hatha Yoga. Class works on breathing, flexibility, endurance, strength, and relaxation. Students work at their own level. Wear loose clothing and bare feet. Bring a yoga mat or towel.



Sports

Activity #	Class Name	Min/Max		Dates		Times		Ages		Day	Instructor	Sess.	Cost
216.3.0800	Softball Clinic NEW!	8	24	1/21	2/11	9:00 AM	11:00 AM	6	11	Sa	Neomi	4	\$ 110
216.3.0801	Mini Gym Stars	5	17	1/18	3/7	5:00 PM	5:55 PM	3	6	W	DAA	8	\$ 94
216.3.0802	Karate - Beg/Int (Shotokan)	7	30	1/18	3/14	6:00 PM	6:50 PM	5	99	MW	CCI	16	\$ 156
216.3.0803	Soccer, Mommy/ Daddy & Me	5	20	1/21	3/17	3:10 PM	3:40 PM	2	3	Sa	KLS	8	\$ 99
216.3.0804	Soccer, Tot	5	30	1/21	3/17	4:05 PM	4:35 PM	3	4	Sa	KLS	8	\$ 99
216.3.0805	Soccer, Pre- Soccer	5	36	1/21	3/17	4:40 PM	5:15 PM	4	5	Sa	KLS	8	\$ 99
216.3.0806	Soccer 1	5	36	1/21	3/17	3:15 PM	4:00 PM	5	6	Sa	KLS	8	\$ 99



Softball Clinic:

This Softball Clinic is designed to help beginner softball players learn the basics of catching, throwing, hitting and fielding. If your child is an intermediate softball player and has grasped the basics of catching, throwing, hitting and fielding, then the coaches will work with participants to build and improve those skills moving to advanced levels. Participants will receive a Jersey and practice t-shirt. All other supplies and equipment are included.



Mini Gym Stars:

A great beginner gymnastic class teaching basic gymnastic skills, including movement exploration, balance, and coordination, and at the same time teaching agility and improving motor skills. Parents are allowed to stay for the first 10 minutes on the first day of class and are encouraged to attend the last class for a great recital.



Karate (Shotokan) - Beg/Int:

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Katas (forms) and tournament style kumite (sparring) are taught. Class includes self-defense and stresses the importance of self-confidence and mental discipline.



Soccer, Mommy/Daddy & Me:

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. Class Status Hotline: 1-888-372-5803

Soccer, Tot:

Little tykes will enjoy running and kicking just like the big kids!; Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting. Class Status Hotline: 1-888-372-5803

Soccer, Pre-Soccer:

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. Class Status Hotline: 1-888-372-5803



Soccer, Skillz & Scrimmages:

Kidz will enjoy advanced skill building: dribbling, passing, shooting and more in a team format. This class teaches individual skills and team play with lots of fun and action! All skill levels are welcome. Each participant will receive a soccer jersey. Shin guards are required. Class Status Hotline: 1-888-372-5803

Early Childhood Recreation (ECR)

Kinder Ready

Activity #	Class Name	Min/Max		Dates		Times		Ages		Day	Instructor	Sess.	Cost
216.3.0300	Kinder Ready	7	24	1/9	2/15	9:00 AM	12:30 PM	4	5	MWF	Ms. Shelley	16	\$ 310
216.3.0301	Kinder Ready	7	24	1/10	2/14	9:00 AM	12:30 PM	4	5	T/Th	Ms. Shelley	11	\$ 237
216.3.0302	Kinder Ready	7	24	2/17	3/23	9:00 AM	12:30 PM	4	5	MWF	Ms. Shelley	15	\$ 285
216.3.0303	Kinder Ready	7	24	2/16	3/22	9:00 AM	12:30 PM	4	5	T/Th	Ms. Shelley	11	\$ 237
216.3.0304	Kinder Ready Bilingual Immersion	7	15	1/10	2/14	9:30 AM	1:00 PM	4	5	T/Th	Ms. Torres	11	\$ 237
216.3.0305	Kinder Ready Bilingual Immersion	7	15	2/16	3/22	9:30 AM	1:00 PM	4	5	T/Th	Ms. Torres	11	\$ 237



- Our Kinder Ready program is a Kindergarten preparation program and is for 4–5 year olds only.**
- Participants must have successfully demonstrated the consistent progress in our Kinder Tots program, and instructor approval in order to participate in the Kinder Ready program.**
- The Kinder Ready instructor has the right to recommend another session of Kinder Tots if they do not show adequate skills to succeed in the class.
- All toddlers in this program must be completely potty trained. Pull-ups are not permitted.
- This is ***NOT*** a parent participation class, but parents are welcome to come in periodically to observe and volunteer.
- Home Work is given to students daily to ensure they are reinforcing what they have learned in class each day.
- Students will receive a progress report at the end of each session so parents can gage their progress on what they have learned each session.
- The instructor will inform parents when they are ready to progress to our next program, Kinder Ready is for ages 4–5 year olds.
- ***** Kinder Ready Bilingual Immersion students will be taught in English & Spanish**

Language

- ✓ Spell and write first name
- ✓ Alphabet: Letters and sounds
- ✓ Upper and lower case letters
- ✓ Cutting activities
- ✓ Build new vocabulary and Listing skills
- ✓ Months and days of the week

Circle Time

- ✓ Sing, Dance and Stretch.
- ✓ Learn and Recite Nursery Rhymes & Finger Play
- ✓ Sing traditional songs
- ✓ Participate in movement songs and dances.



Math

- ✓ Counting up to 10
- ✓ Numbers 1–10
- ✓ Patterns, size, shapes, and colors
- ✓ Matching: patterns, sizes, etc.
- ✓ Same and different
- ✓ More, less, same.
- ✓ Time: Day and Night

Arts and Crafts

- ✓ Painting, Drawing, and coloring
- ✓ Use art materials
- ✓ Experiment with mixing colors.



Science

- ✓ Explore Science Tools:
- ✓ Identify Basic Colors & Color mixing
- ✓ Explore the world with the five senses
- ✓ Investigate Animals Life
- ✓ Hands on Science Projects
- ✓ Learn about the Four Seasons
- ✓ Observe Plant



Time for 2's & 3's

Act #	Act Name	Min/Max		Dates		Times		Ages		Days	Teacher	Sess.	Cost
216.2.0315	Times for 2's & 3's	6	12	1/17	2/16	9:30 AM	11:30 AM	2	3	T/Th	Monika	10	\$111
216.2.0316	Times for 2's & 3's	6	12	10/11	10/27	9:30 AM	11:30 AM	2	3	T/Th	Monika	8	\$102

Time for 2's & 3's:

The main focus of this class is socialization and learning through play. Children have free choice of activities. Some activities may be messy, wear your grubbies. Only enrolled children may attend. Price includes one parent and one child. Parental attendance is required at each class.



Early Childhood Recreation (ECR)

Kinder Tots

Activity #	Class Name	Min/Max	Dates	Times	Ages	Day	Instructor	Sess.	Cost
216.3.0306	KinderTots	8 20	1/9 2/15	9:00 AM 12:30 PM	3 3	MWF	Mrs. Gavin	16	\$ 310
216.3.0307	KinderTots	8 20	1/9 2/15	9:00 AM 12:30 PM	4 4	MWF	Ms. Lindsey	16	\$ 310
216.3.0308	KinderTots	8 20	1/10 2/16	9:00 AM 12:30 PM	3 4	T/Th	Mrs. Gavin	12	\$ 234
216.3.0309	KinderTots	8 20	2/17 3/23	9:00 AM 12:30 PM	3 3	MWF	Mrs. Gavin	15	\$ 285
216.3.0310	KinderTots	8 20	2/17 3/23	9:00 AM 12:30 PM	4 4	MWF	Ms. Lindsey	15	\$ 285
216.3.0311	KinderTots	8 20	2/21 3/22	9:00 AM 12:30 PM	3 4	T/Th	Mrs. Gavin	10	\$ 199

- Our Kinder Tots program is a progressive class that prepares toddlers for our Kinder Ready class.
- Kinder Tot participants begin the learning process and build socialization skills that will help them succeed in Kinder Ready and future educational experiences.
- All toddlers in this program must be completely potty trained by the first day of class. No diapers or pull-ups are permitted.
- This is NOT a parent participation class, but parents are welcome to come in periodically to observe and volunteer.
- Students will receive a progress report at the end of each session so parents can gauge their progress on what they have learned each session.
- The instructor will inform parents when they are ready to progress to our next program, Kinder Ready for ages 4-5 year olds.



Language Arts

- ✓ The alphabet
- ✓ Letters upper case and lower case
- ✓ Phonics Introduction
- ✓ Listing skills
- ✓ basic colors and shapes
- ✓ days of the week and the 12 months

Math

- ✓ Number Recognition

Science

- ✓ Hands on Pro-jects
- ✓ The Four Sea-sons
- ✓ The 5 Senses

Circle Time

- ✓ Held every morning.
- ✓ Kids learn songs & nursery rhymes

Arts & Crafts

- ✓ Finger Painting,
- ✓ textures, water color, etc.



Phonics & Pre-Reading

Activity #	Class Name	Min/Max	Dates	Times	Ages	Day	Instructor	Sess.	Cost
216.3.0312	Phonics & Pre-Reading	7 20	1/9 2/10	2:00 PM 5:00 PM	4 5	MWF	Ms. Lindsey	14	\$ 228
216.3.0313	Phonics & Pre-Reading	7 20	2/13 3/16	2:00 PM 5:00 PM	4 5	MWF	Ms. Lindsey	14	\$ 228

- Our Phonics & Pre-Reading program is a progressive class intended to teach letter sounds and simple word blending.
- Participants must have successfully demonstrated recognition of a majority of the alphabet and can write their name in order to participate in the Phonics & Pre-Reading program.
- Each class session will build upon the last to ensure each student is being productively challenged with new material and curriculum.
- This is NOT a parent participation class, but parents are welcome to come in periodically to observe and volunteer.
- All toddlers in this program must be completely potty trained. Pull-Ups are not permitted.
- Homework is given to the students daily to ensure they are reinforcing what they have learned in class each day.

Students will receive a progress report at the end of each session so parents can gauge their progress on what they have learned each session.



Language Arts:

- ✓ Spell and write first name
- ✓ Alphabet: Letters and Sounds
- ✓ Focus on short vowels: a,e, i, o, u
- ✓ Focus on consonants: b, c, d, f, g, ..etc.
- ✓ Blending of vowels and consonants
- ✓ Word and short sentence building

Circle Time:

- ✓ Reading short stories, books, and rhymes
- ✓ Songs about phonics and letter sounds
- ✓ Phonics themed games and group ac-tivities



Enrichment & Education

Activity #	Class Name	Min/Max		Dates		Times		Ages		Day	Instructor	Sess.	Cost
216.3.0400	Public Speaking	6	12	1/10	2/28	4:00 PM	5:00 PM	8	12	T	Ms. Terra	8	\$ 66
216.3.0401	Spanish for School-age Children Level 1	7	12	1/17	3/20	5:00 PM	6:30 PM	6	10	T	Ms. Torres	10	\$108
216.3.0402	Spanish for School-age Children Level 2	7	12	1/19	3/22	5:00 PM	6:30 PM	6	10	Th	Ms. Torres	10	\$108



Spanish for School-age Children Level 1:

It's never too early to educate your kids about another culture by learning the language. Your child will learn the basics of this amazing language through fun, hands-on activities, worksheets, songs, stories, projects and games. They will celebrate all that they have learned at the end of the session with a Fiesta!



Spanish for School-age Children Level 2:

¿Se habla español? We do! Students with knowledge of the alphabets and numbers or have taken a beginner Spanish class are perfect for this intermediate class. Join today to learn more! They will celebrate all that they have learned at the end of the session with a fiesta. Spanish 2 will be a continuation of what was learned in Level 1.*Student must have completed Level 1.



Public Speaking:

This is an introductory public speaking course for your child. They will learn about the different types of public speaking, learn the tasks of an audience member and a public speaker. This class requires the participation in activities to help the speaker become comfortable making public speeches. Now let's communicate!

Arts & Crafts

Activity #	Class Name	Min/Max		Dates		Times		Ages		Day	Instructor	Sess.	Cost
216.3.0101	Cartoon Drawing	6	12	1/17	3/6	4:00 PM	5:00 PM	6	12	T	Vlkovic	8	\$79
216.3.0102	Cartoon Drawing Advanced	7	12	1/17	3/6	5:30 PM	6:30 PM	6	12	T	Vlkovic	8	\$79
216.3.0100	Creative Clay	7	12	1/19	3/8	4:00 PM	5:00 PM	6	8	Th	Vlkovic	8	\$88
216.3.0105	Eco Art	7	12	1/9	3/12	4:00 PM	5:00 PM	6	8	M	Vlkovic	8	\$76
216.3.0104	Storybook Drawing	7	12	1/18	3/7	4:00 PM	5:00 PM	6	9	W	Vlkovic	8	\$79
216.3.0103	Water Color for Kids	7	12	1/9	3/12	5:30 PM	6:30 PM	6	12	M	Vlkovic	8	\$80

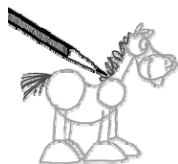
Cartoon Drawing:

Students learn the basic techniques of cartooning; drawing characters and images from their imagination. This class develops communication skills through self expression and storytelling. All materials are included.



Cartoon Drawing - Advanced:

Students concentrate on shapes and forms, enhancing their work using various mediums. They will learn the techniques of shading, highlighting, perspective and color theory while creating animals, faces, people and backgrounds. Advanced student



Storybook Drawing:

Children will learn about perspective, shading, highlighting and various other drawing basics. They will create their own storybook complete with storyline and illustrations using watercolor and paint. All materials are included.

Water Color for Kids:

Come and join in and have fun learning watercolor! We will learn to paint with Watercolor pencils creating great looking pictures of animals, cars, flowers and other wonderful subjects. We will experiment with wet in wet techniques, dry brush, sponges and salt.



Eco Art:

Children will discover reuse and recycle techniques through art projects using recyclable materials and "trash" to create something new and beautiful. Working with collage, weaving, painting, print-making and 3D sculpture children will use recognizable everyday materials with new purpose. Classes will offer instructions on art and creative problem-solving strategies, as well as recycling concepts. Materials will be provided, but participants are encouraged to bring any recycled materials they would like to use in class.



Creative Clay:

Children express themselves while learning basic clay hand-building techniques. They will make cups, bowls, and sculptures while building creations of their very own. New and continuing students are always welcome.



Music & Theater

Activity #	Class Name	Min/Max	Dates	Times	Ages	Day	Instructor	Sess.	Cost
216.3.0600	Guitar - Beginner	6 12	1/21 3/17	9:00 AM 10:00 AM	6 8	Sa	Williams	8	\$ 66
216.3.0601	Guitar - Beginner	6 12	1/21 3/17	10:00 AM 11:00 AM	9 12	Sa	Williams	8	\$ 66
216.3.0602	Guitar - Intermediate	6 12	1/21 3/17	11:00 AM 12:00 PM	9 12	Sa	Williams	8	\$ 66
216.3.0603	Piano Keyboard Level 1	6 8	1/23 3/19	3:30 PM 4:15 PM	6 12	M	Noteworthy	8	\$ 106
216.3.0604	Piano Keyboard Level 1	6 8	1/23 3/19	4:20 PM 5:05 PM	6 12	M	Noteworthy	8	\$ 106
216.3.0605	Piano Keyboard Level 2 & up	6 8	1/23 3/19	5:15 PM 6:00 PM	6 12	M	Noteworthy	8	\$ 106
216.3.0606	Piano Keyboard Level 2 & up	6 8	1/23 3/19	6:00 PM 6:45 PM	6 12	M	Noteworthy	8	\$ 106
216.3.0607	Piano Keyboard Semi Private Level 2 & up	2 4	1/23 3/19	6:50 PM 7:35 PM	6 12	M	Noteworthy	8	\$ 156

Guitar Beginner:

Beginner Guitar is a course designed for students who have little or no experience playing guitar. Our primary focus will be learning the basic techniques used in popular music. Material covered will include reading chord diagrams, chord charts from song books, reading tablature, and playing of scales and simple melodies. Bring your own guitar (acoustics guitars preferred).



Guitar Intermediate:

Beginner Guitar is a course designed for students who have little or no experience playing guitar. Our primary focus will be learning the basic techniques used in popular music. Material covered will include reading chord diagrams, chord charts from song books, reading tablature, and playing of scales and simple melodies. Bring your own guitar (acoustics guitars preferred).

Piano Keyboarding Level 1:

Basic piano skills, music reading, and theory are taught as well as rhythm and ear training. Regular access to a piano or keyboard is essential for progress. This class is for Level 1 students with no prior experience. Must bring headphones with a 1/4" headphone adapter. Non-refundable book fee of \$8.00 due at 1st meeting.



Level 2 & Up:

This class is for continuing students who have completed the Level 1 class.

Piano Keyboarding Semi Private Level 2 and Up:

Basic piano skills, music theory, rhythm, and technique will be taught in a smaller setting with only 2 to 4 students. This class is for continuing students who have already completed the Level 1. Must bring current piano book and headphones with a 1/4" adapter. Non-refundable book fee of \$8.00 (and optional purchase of flashcards for \$6.00) due at 1st meeting.



Dance

Activity #	Class Name	Min/Max	Dates	Times	Ages	Day	Instructor	Sess.	Cost
216.3.0200	Tap Dance	4 12	1/9 2/13	4:30 PM 5:30 PM	6 8	M	Rachel	5	\$ 42
216.3.0201	Itty Bitty Ballet	4 12	1/19 2/16	9:30 AM 10:20 AM	2 5	Th	Hobbs	5	\$ 42
216.3.0202	Ballet/Tap	4 12	1/19 2/16	10:30 AM 11:30 AM	3 6	Th	Hobbs	5	\$ 42
216.3.1000	Camp Dance	5 40	2/21 2/24	9:00 AM 12:00 PM	3 12	M-F	DAA	4	\$102
216.3.0203	Hawaiian Dance	5 17	1/23 3/19	4:00 PM 4:55 PM	3 10	M	DAA	8	\$ 94
216.3.0204	Little Dance Divas	5 17	1/23 3/19	5:00 PM 5:55 PM	3 6	M	DAA	8	\$ 94

Tap Dance:

This a Tap only class in which students will grasp the understanding of how to stand, the basic movements of the feet and learn most standard tap steps and different combinations. Parents will be treated to a dance recital on the last day of class. No experience is needed. Tap shoes are strongly recommended, but hard soled leather shoes are a good beginner alternative.



Itty Bitty Ballet:

Designed for the littlest dancers, students learn introductory steps of ballet. Dancers express themselves through creative movement, fun activities, dance routines, games and music. Parents may attend the first and last classes.



Ballet/Tap:

This combination ballet/tap class introduces participants to basic ballet movements. The tap class portion teaches children to use their body as a rhythmic instrument. Ballet attire and tap shoes are optional. Parents are invited to a final class performance.



Camp Dance:

A little bit of everything! Ballet, Tap, Jazz, Hip-Hop, Gymnastics, Cheer, Singing, and Hawaiian Dance are all taught in this great half-day camp. Participants are placed in age-appropriate classes. A snack and juice is provided. There will be a great recital for parents on Friday!

Little Dance Divas:

A fun beginning dance class where students will learn Ballet warm-ups, Jazz/ Hip Hop dance and Tap steps! Parents are allowed to stay for the first 10 minutes on the first day of class and are encouraged to attend the last class for a great recital.

Hawaiian Dance:

Learn to dance authentic Hawaiian dances! Hawaiian dance steps, terms and routines will be taught. Learn to dance like a Hawaiian native and have a fantastic time! Parents are allowed to stay for the first 10 minutes on the first day of class and are encouraged to attend the last class for a great recital.