



Worksite Wellness Screening Event Schedule for January 2010

Each Worksite Wellness Screening appointment will take approximately 20—30 minutes. To schedule an appointment at one of the worksites listed, visit the City Wellness internet page listed below where you'll find a link to the on-line appointment system*. Register and attend any of the event locations listed, unless otherwise noted.

Please arrive to your scheduled appointment on time.

DATE	TIME	LOCATION
Thurs., January 7	8:00 a.m.— 12:00 p.m.	City Hall, 2nd Floor, Wing
Thurs., January 14	8:00 a.m.— 12:00 p.m.	Police Admin Building 201 W. Mission St., Room 307 <i>(Due to the location of this event, only Police Dept personnel should register.)</i>
Thurs., January 21	8:00 a.m.— 12:00 p.m.	Police Admin Building 201 W. Mission St., Room 307 <i>(Due to the location of this event, only Police Dept personnel should register.)</i>
Tuesday, January 26	8:00 a.m.— 12:00 p.m.	Central Service Yard, 1661 Senter Road, Building A

- Worksite Wellness Screenings are an on-going opportunity for benefited employees and retirees.
- To register for an appointment* or for more information, please visit the City's wellness internet pages at www.sanjoseca.gov/wellness
- For additional questions, please e-mail: WellnessIn-Box@sanjoseca.gov



*The on-line registration system will notify an employee's supervisor for their approval.