



Worksite Wellness Screening Event Schedule for March 2010

Each Worksite Wellness Screening appointment will take approximately 20—30 minutes. To schedule an appointment at one of the worksites listed, visit the City Wellness internet page listed below where you'll find a link to the on-line appointment system*. Register and attend any of the event locations listed, unless otherwise noted.

Please arrive to your scheduled appointment on time.

DATE	TIME	LOCATION
Thurs., March 4	8:00 a.m.— 12:00 p.m.	City Hall, 2nd Floor, Wing
Thurs., March 11	8:00 a.m.— 12:00 p.m.	Muni Water 3025 Tuers Road
Thurs., March 18	8:00 a.m.— 12:00 p.m.	Old Martian Luther King Library 170 W. San Carlos Street
Thurs., March 25	8:00 a.m.— 12:00 p.m.	South Yard 4420 Monterey Road Conference Room

- **Worksite Wellness Screenings are an on-going opportunity for benefited employees and retirees.**
- **To register for an appointment* or for more information, please visit the City's wellness internet pages at www.sanjoseca.gov/wellness**
- **For additional questions, please e-mail: WellnessIn-Box@sanjoseca.gov**



*The on-line registration system will notify an employee's supervisor for their approval.