

Senior Services & Older Adult Programs

Age-Friendly Action Plan

Senior Citizens Commission | May 1, 2024

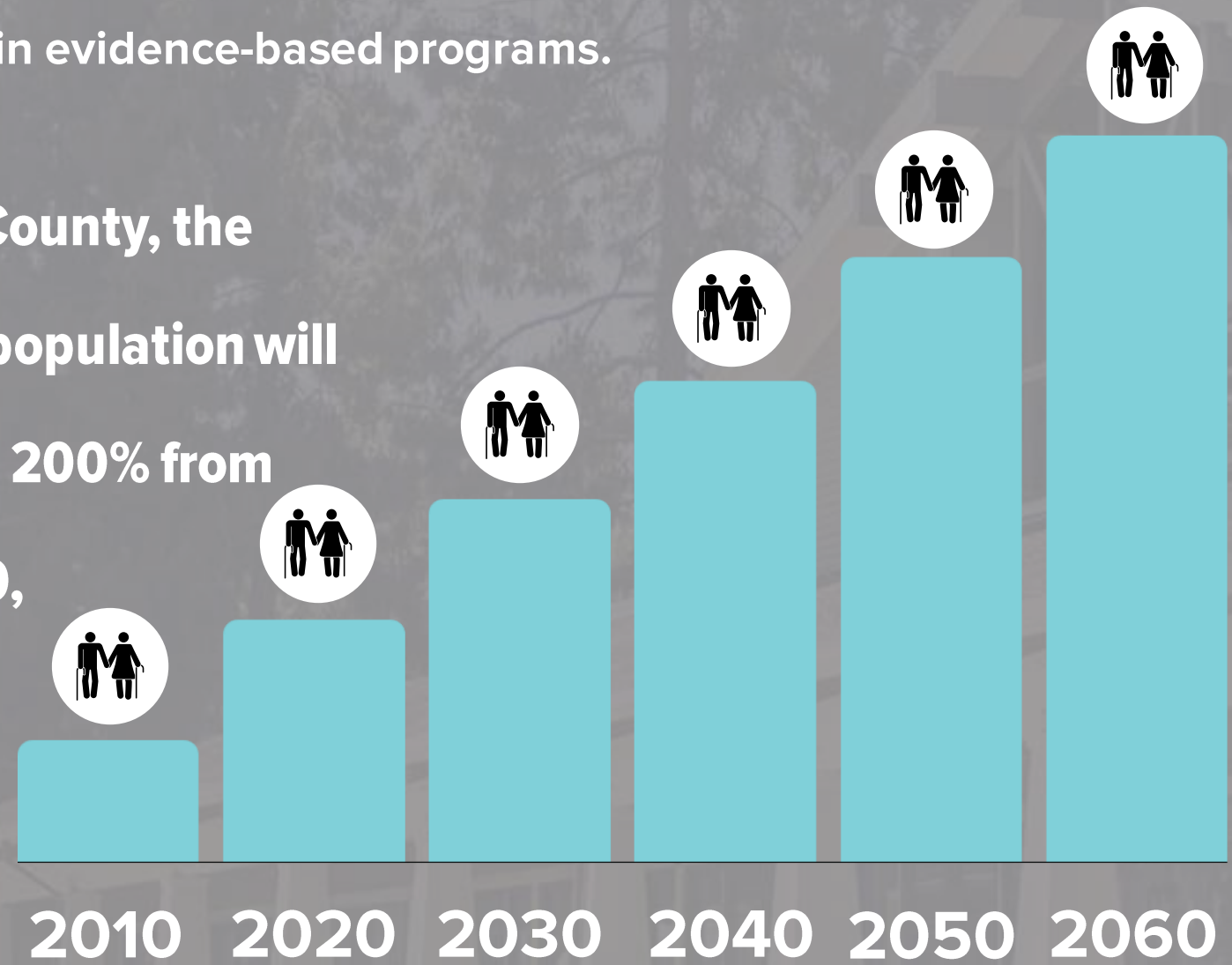
Presenters:

Jeremy Shoffner, Recreation Superintendent

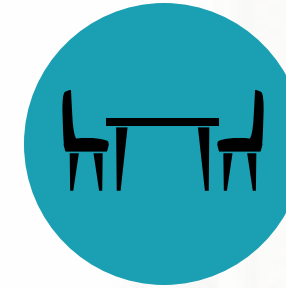
Rhonda Vargas, Parks, Recreation and Facilities Supervisor

- ✓ Increase civic and social engagement among older adults and decrease social isolation and loneliness.
- ✓ Increase awareness and access of community resources available to older adults to address food insecurities, transportation barriers, legal issues, housing needs, etc.
- ✓ Increase access to digital devices, broadband connectivity, and improved digital literary skills.
- ✓ Improve physical health and safety of older adults through participation in evidence-based programs.

Santa Clara County, the over age 60 population will grow by over 200% from 2010 to 2060,



Accomplishments



Senior Nutrition Program is back to pre-pandemic service model of In-Person Dining Program.



Older Adult Programs are back to full In-Person Programming.



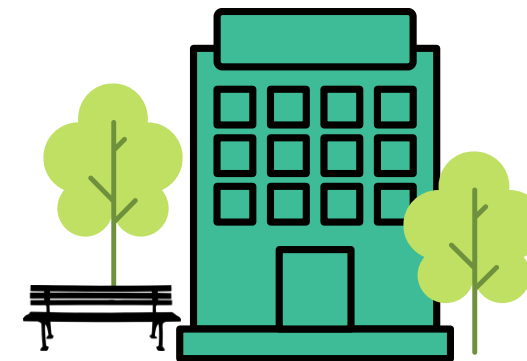
Implemented new enrichment programs for the Senior/Older Adult population.



Support of Senior Health and Wellness Grantees.

Senior Nutrition Program (SNP)

IN PERSON MODEL



14 COMMUNITY
CENTERS



800+ AVERAGE
DAILY MEALS

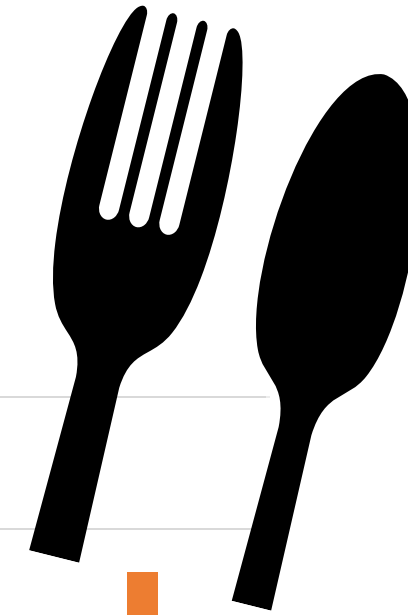


101% FROM
BASELINE
PRE- PANDEMIC

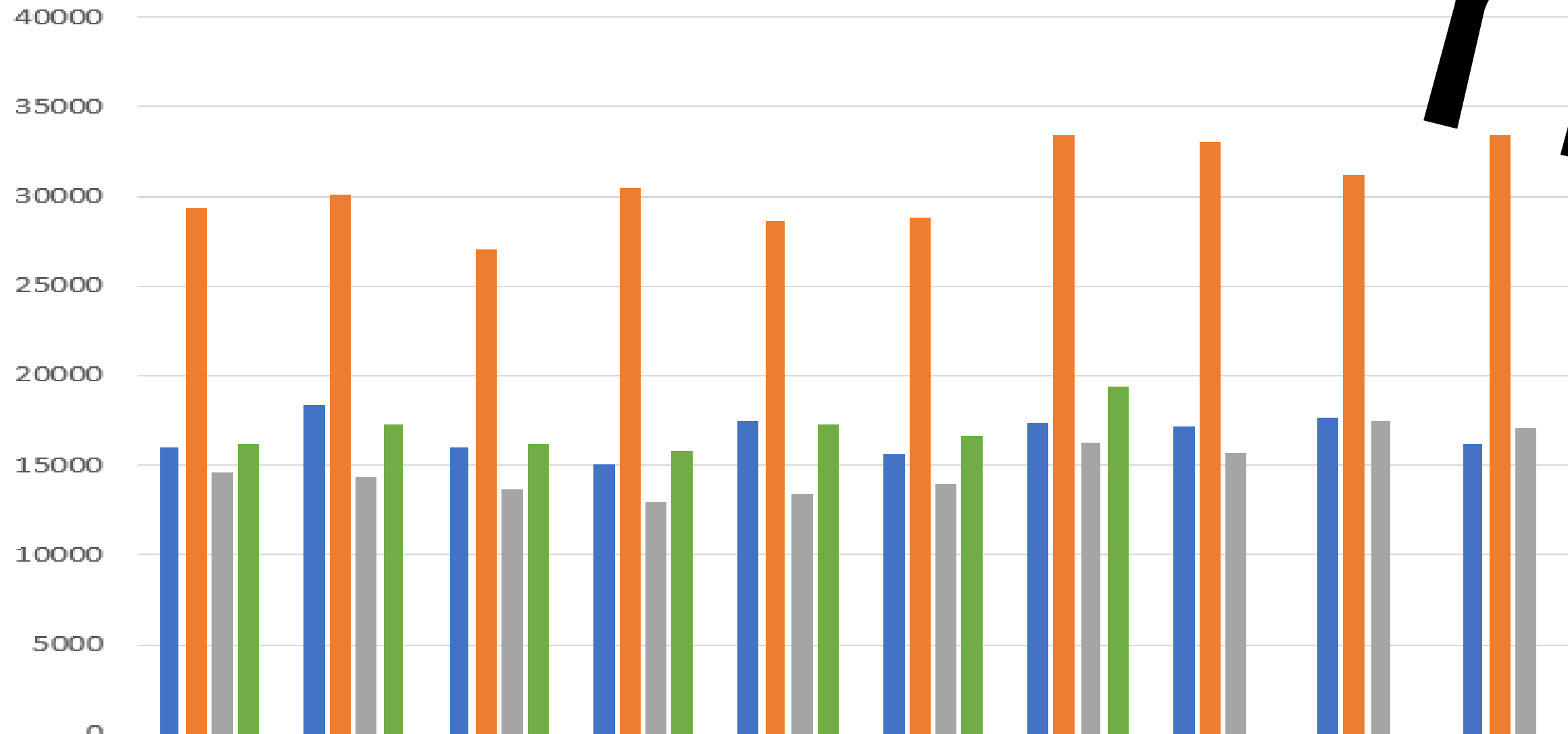


TRANSLATED FLYERS
IN 4 LANGUAGES

SNP MEALS SERVED



SNP Monthly Participants Counts



	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
■ FY 18-19 Pre-Pandemic	16024	18355	16016	15023	17473	15630	17405	17177	17642	16186
■ FY 20-21 Pandemic Curbside	29386	30057	27017	30504	28651	28821	33453	33052	31182	33408
■ FY 22-23 Post Pandemic	14616	14344	13684	12939	13398	13911	16237	15698	17466	17102
■ FY 23-24	16134	17280	16204	15773	17285	16582	19386	0	0	0

Older Adult Programing & Support

- Memberships are FREE
- County of Santa Clara grant provides Digital Technology Programs for senior/older adult programs through partnerships with non-profit organizations
- Partnered with AACI who received funds to run Digital Literacy/Technology workshops
- AACI facilitated workshops at 14 of the Older Adult Programs
- In alignment with Digital Inclusion Efforts
- Wellness Checks
- Monthly Special Events and Activities
- In-Person Senior Commission Meetings
- Senior/Older Adult Program Advisory Councils and Committees are back to In-Person



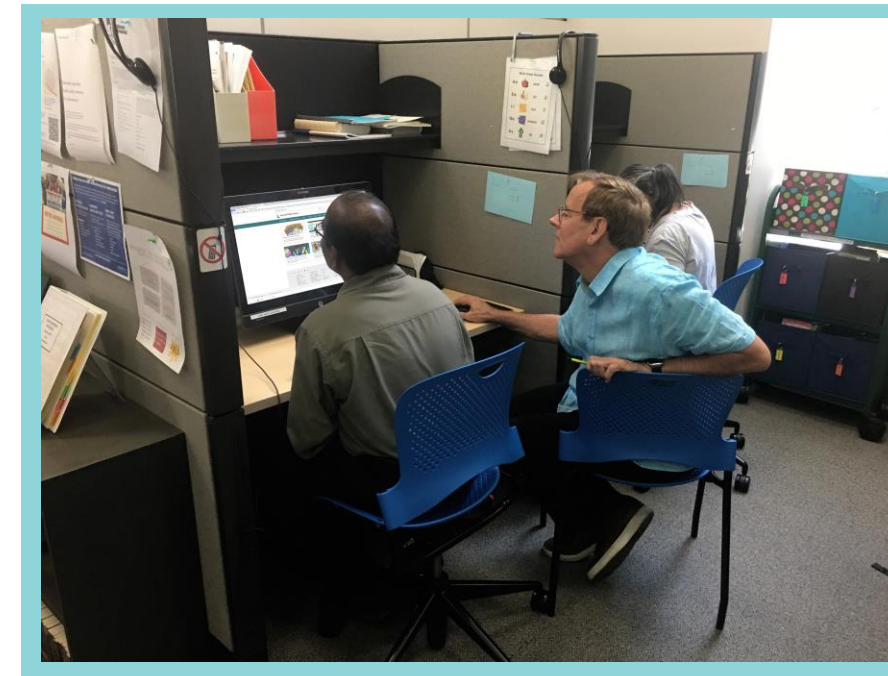
Adult Volunteers ages 55+

FY 2022-23: 382 Library volunteers contributed 8,689 hours

- 94% - Feel their volunteer roles are well-suited to their skills and talents
- 95% - Feel comfortable asking for assistance from a staff member
- 92% - Feel adequately prepared for their volunteer role

Next Steps...

- Develop and identify age friendly collaborations and opportunities
- PRNS seeking Gen2Gen options
- Continue to collaborate with OED and Office of Cultural Affairs
- Library, Human Resources & PRNS communicate volunteer opportunities to retired City employees



Senior Health and Wellness Grant Program

- \$498,212 to 9 grantees in FY 2022-2023
- \$526,434 to 10 grantees in FY 2023-2024
- Reduce Social Isolation
- Improve health and well being
- Increase Digital Access
- Support Independent Living



Bay Area Community Health Provides Behavior Health & Physical Health Appointment at 6 of our Community Centers



Stoke Awareness Foundation provides educational workshops at 14 community centers



Breathe California Provides Health Screening; Educational & Breathing Exercises Workshops at 20 sites throughout the City



SALA provides Legal Services at 8 community centers and 1 off site



Health Mobile (aka the Tooth Mobile) provides Oral Exams; Diagnostic & Preventative Treatments; & Restorative Dental Treatments at 14 community centers

Age-Friendly City Initiative



Transportation



Outdoor Spaces and Buildings



Housing



Communication, Information, and Technology



Community Support and Health Services



Social and Civic Engagement



Employment and Financial Security



Questions and Answers

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