

# Memorandum

TO: MAYOR MAHAN	FROM: Councilmember Bien Doan
SUBJECT: BUDGET DOCUMENT	<b>DATE:</b> 5/22/2024
Approved Siensoan	Date 5/22/2024

#### **RECOMMENDATION**

Modify the City Manager's 2023-2024 Proposed Budget to incorporate the following budget proposal, including any required funding allocation adjustments.

#### **Proposal**

Program/Project Title: Improving Graduation Rates and Reducing Gang Influence on Our Children
Amount of City Funding Required: \$40,000.00
This change is:
X One-time Ongoing
Cost Estimate Number (if applicable): N/A

Proposal Description, including the reason for the need and anticipated outcomes (Please describe how the proposal will affect services for San José residents, community groups, businesses, etc.):

This is a grant issued to ConXion to Community so they can implement their Bright Futures Alcanzar program to the District 7 schools within the Franklin Mckinley School District.

This program supports middle school students' ability to become socially, emotionally, and academically prepared for high school success. The after-school program will cultivate resilient, connected and thriving youth with evidenced-based programming that will assist with their transition into high school.

The SPARK Pre-Teen Mentoring Curriculum, provides a lesson-based approach and is designed for students in middle school. It covers relatable topics that help youth navigate the trials and celebrate the accomplishments of their middle school years. Through this program, participants will uncover their natural resilience, gain a better understanding of themselves and others, develop vital social and emotional skills, understand and develop educational awareness, access their creative intelligence and cultivate their personal potential.

In this middle school mentoring curriculum, students become acquainted with their SPARK and how the mind creates experience. With this understanding, students gain insights into key topics such as self-confidence, stress and anxiety, and decision-making.

Offered 2-days a week after-school during the school year, Bright Futures Alcanzar will provide 45-minutes of academic support with homework; 60-minutes of life skills coaching utilizing the SPARK curricula; and remaining time for creative journalizing. Keeping a journal about daily life and their feelings offers an excellent outlet (and writing practice) for youth. For youth who have a hard time expressing their needs verbally or making decisions about things, keeping a journal of their thoughts is a great way to learn emotional organization and processing. Even if all they do is write about an interaction they had during the day, putting it on paper can provide more objective reflection and effective coping.

Group mentoring is conducting twice per month on Saturday morning and one evening during the week. Group mentoring is a valuable approach that can provide multiple perspectives and support to youth as they go through challenging life transitions, including dealing with stressful changes at home or transitioning into high school. Each mentoring session starts with a meal with a mentor at each table who begins engagement with youth.

### **Funding Source**

X Essential Services Reserve:

Other (Please specify program/project/fund):

## **Department or Organization Contact**

Please list the contact information for the individual that certified cost estimates contained within your recommendation:

Name and Title: N/A

Department or Organization: N/A

Phone Number: N/A

Email: N/A