



Seniors' Agenda

A unit within the
Department of Aging & Adult Services

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Project Manager



Senior Nutrition Program



Seniors' Agenda



In-Home Supportive Service

Department of Aging and Adult Services



Public Administrator/
Guardian/ Conservator



Adult Protective Services



Origin of Seniors' Agenda

In 2011, Seniors' Agenda began when the Board directed the DAAS to research the needs of older adults and their families in Santa Clara County and to make recommendations to the Board about programs, services and policies to address those needs.

Seniors' Agenda today

Community outreach and engagement on topics related to aging

Makes policy recommendations to legislative bodies, such as the Board of Supervisors

Does not have “clients” or provide direct services

What does Seniors' Agenda do?

Monthly newsletter

Represents DAAS &
older adults in
workgroups and
committees

Leads Age Friendly &
Dementia Friends
efforts, including, age-
friendly action
planning

Leads special efforts,
such as implementing
recs from the adult
caregiving study

Semi-annual Network
Summit

Manages older adult
digital inclusion
efforts within the
County



AGE FRIENDLY
SANTA CLARA COUNTY



World Health
Organization





World Health Organization

Age Friendly Network Founded in 2005

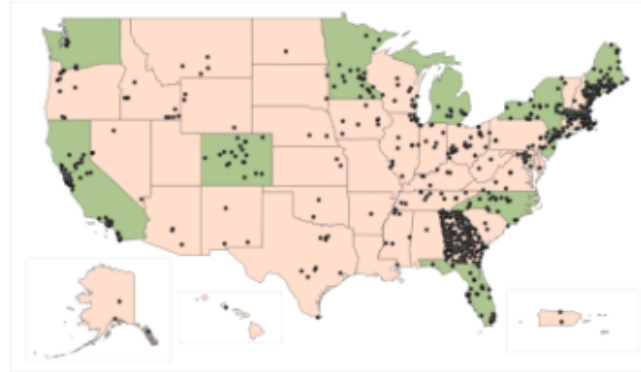




AARP LIVABLE COMMUNITIES

AARP Network of Age-Friendly States and Communities

AARP is the US affiliate for WHO Age-Friendly efforts



America Is an Aging Nation

1. The population of the United States is rapidly aging.
2. By 2030, 1 out of every 5 people in the U.S. will be 65 or older.
3. By 2034, the number of adults older than 65 will be greater than the number of children under 18.

The common thread among the communities and states enrolled in the AARP age-friendly network is the belief that the places where we live are more livable, and better able to support people of all ages, when local leaders commit to improving the quality of life for the very young, the very old, and everyone in between. AARP engages with elected officials, partner organizations and local leaders to guide communities through the age-friendly network’s assessment, planning, implementation and evaluation processes.

FREE! WEEKLY!



AARP Livable Communities Newsletter

Information and inspiration for local leaders

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- The Age-Friendly Community Survey is open
- Online version coming soon
- Hardcopies in English & Spanish, coming soon in Vietnamese and Chinese

Age-Friendly Community Survey

We would like to find out about your community and what you'll need as you get older to make your community a great place to live. Your views are important, and we would greatly appreciate your participation in this survey. This survey is being conducted for research purposes only, and we promise that your name and individual opinions will be kept confidential. This survey will take about 20 minutes to complete.

YOUR HOME AND COMMUNITY

Q1. Are you a resident of _____?
(INSERT STATE, CITY, COUNTY, TOWN, OTHER AREA)?

- Yes
- No
- Not sure

Q1a. What is the name of your community? _____

NOTE: For some people, this will mean the town or village in which they live, or it could be their neighborhood, their subdivision or housing development.

Q2. How long have you lived in your community?

- Less than 5 years
- 5 years but less than 15 years
- 15 years but less than 25 years
- 25 years but less than 35 years
- 35 years but less than 45 years
- 45 years or more

Q3. How long have you lived in your current residence?

- Less than 5 years
- 5 years but less than 15 years
- 15 years but less than 25 years
- 25 years but less than 35 years
- 35 years but less than 45 years
- 45 years or more



Community Listening Sessions & Action Planning
coming Spring or Summer 2025



NOVEMBER IS:
**FAMILY
CAREGIVER
MONTH**



Are you a caregiver and don't realize it?

November 2024 is Family Caregiver Month. The local theme is, “Yes, I am a caregiver”. While someone who provides day to day care for a loved one is a caregiver, so is a family member who manages their finances, is a backup caregiver, or is someone who provides emotional support or advice.

The monetary value of family caregivers often goes unappreciated. More than **4 million family members and friends** provide unpaid care in California with a value of **\$81 billion** per year. When caregivers don't self-identify, it is harder to understand care needs in the community and measure the value of their contribution.

Similarly, caregiving can be stressful and disorienting. Identifying as a caregiver helps you access information about self-care, respite, and may put caregiving resources and information on your radar.

Do you provide any amount or type of care for a family member? If so, you're a caregiver...make it known.

ANNOUNCEMENTS



Sign up for our newsletter!



www.agefriendlysiliconvalley.org

NEW DIGITAL ACCESS GUIDE

Senior Citizens Commission
November 7, 2024
Agenda Item 2



SCAN ME



DEPARTMENT OF AGING AND
ADULT SERVICES

DIGITAL ACCESS GUIDE

September 2024

Save the Date

Seniors' Agenda Network Summit

- February 28, 2025
- Sunnyvale Community Center

