

4

Healthy Soil Makes Healthy Plants



Lilac Verbena

Question:

Can you name two items that help make soil healthy?

The beauty of this garden starts from the ground up.

Healthy soil creates healthy plants that are able to fight off pests and diseases and diminish weeds. Mulch and compost are essential for creating healthy, living soils. Soil in a sustainable landscape is like a savings account: It keeps growing richer each time mulch and compost are added. The soil “pays slow but steady interest” in the form of nutrients that are released to plants in just the right amount at the right time.



Answer: Compost and mulch.