



MHN's Substance Use Disorder Benefit

Is your work or family life suffering because you can't kick an addiction? Your MHN substance use disorder benefit can help!

What is my substance use disorder benefit?

Your substance use disorder benefit provides easy access to high-quality substance use disorder care from MHN's comprehensive network of counselors and care facilities.

How do I get help?

If you think you need help with a substance use issue, just give us a call – 24 hours a day, 7 days a week – at the toll-free number below.

- When you call MHN, you'll speak with a qualified behavioral health intake representative who is supported by licensed clinical staff.
- We'll answer any questions you have about your substance use disorder benefit, assess your referral needs over the telephone and provide crisis intervention if needed.

What does my benefit cover?

Your substance use disorder benefit may include:

- Sessions with a counselor, therapist, psychologist, or psychiatrist
- Treatment in a hospital or residential facility, including partial hospitalization (the patient does not stay overnight) and residential treatment programs¹
- Treatment follow-up and aftercare

This is only a summary of your benefits. Please call MHN or refer to your plan documents (Evidence of Coverage or Summary Plan Description) for details about:

- Who is eligible for plan benefits (usually full-time employees and their dependents)
- What services are covered when you use an MHN network provider
- What services are covered when you use a provider who's not in our network (some plans only cover in-network services)
- Your out-of-pocket costs
- Benefit exclusions and limitations (You can also ask your employer for these details. They are in your organization's Group Services Agreement.)

¹We recommend calling MHN to register before seeing an outpatient practitioner. Authorization is required before receiving inpatient and alternate levels of care treatment. In an emergency, a pre-treatment authorization for inpatient care is not required. However, you, your doctor, the hospital, or one of your family members must contact an MHN care manager within 24 hours of admission at the number listed below. You must be enrolled in the company plan to be eligible for substance use disorder treatment through MHN.



Need help?

Call toll-free, 24 hours a day, seven days a week: **1-888-800-0059**
TTY/TDD callers, please dial 1-800-327-0801.

Or visit us at: **members.mhn.com**
and register with the company code:
(non-sworn employees) **sanjosenonsworn**
(sworn employees) **sanjosesworn**

Aristotle Ibay
*We understand the
needs of our members.*

We speak your language!

When you call MHN, free interpretation services are available in over 170 languages. We also contract with a vendor who can physically attend appointments with you, at no cost, if you need help communicating with doctors or other providers.

¡Hablamos su mismo idioma!

Cuando llame a MHN, podrá usar nuestros servicios de interpretación gratuitos en más de 170 idiomas. Además, contamos con proveedores contratados que pueden asistir en persona a las citas con usted, sin cargo alguno, en caso de que necesite ayuda para comunicarse con los médicos u otros proveedores.

我們說您的語言

您致電 MHN 時，我們可提供 170 多種語言的免費傳譯服務。我們還聘用了翻譯人員，如果您需要翻譯人員幫助您與醫生或其他醫療服務提供者進行交流，該翻譯人員可以與您一道參加約診，該服務為免費提供。

MHN114153 MCF-22 (6/14)

Managed Health Network, Inc. (MHN) is a subsidiary of Health Net, Inc. The MHN family of companies includes Managed Health Network, MHN Services and MHN Government Services. Health Net and Managed Health Network are registered service marks of Health Net, Inc. All rights reserved.

