DISCLOSURE FORM PART ONE — PRINCIPAL BENEFITS FOR

KAISER PERMANENTE TRADITIONAL PLAN (1/1/11—12/31/11)

Section 1

The Services described below are covered only if all the following conditions are satisfied:

The Services are Medically Necessary

Annual Out-of-Pocket Maximum for Certain Services

• The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Northern California Region Service Area (your Home Region), except where specifically noted to the contrary in the *Evidence of Coverage (EOC)* for authorized referrals, hospice care, Emergency Care, Post-Stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

| Coinsurance you pay for those Services add up to one of the following amoun For self-only enrollment (a Family of one Member) | |
|---|---------------------------------------|
| For any one Member in a Family of two or more Members | |
| For an entire Family of two or more Members | . \$3,000 per calendar year |
| Deductible or Lifetime Maximum | None |
| Professional Services (Plan Provider office visits) | You Pay |
| Routine preventive care: | |
| Physical exams | . No charge |
| Well-child visits (through age 23 months) | . No charge |
| Family planning visits | . No charge |
| Scheduled prenatal care visits and first postpartum visit | . No charge |
| Eye exams for refraction | . No charge |
| Hearing tests | |
| Flexible sigmoidoscopies | . No charge |
| Colonoscopies | . No charge |
| Primary and specialty care visits | |
| Urgent care visits | |
| Voluntary termination of pregnancy | |
| Physical, occupational, and speech therapy | . \$25 per visit |
| Outpatient Services | You Pay |
| Outpatient surgery and certain other outpatient procedures | . \$100 per procedure |
| Allergy injection visits | . \$5 per visit |
| Allergy testing visits | . \$25 per visit |
| Most vaccines (immunizations) | . No charge |
| X-rays and lab tests | . No charge |
| Health education: | |
| Individual visits | . No charge |
| Group educational programs | . No charge |
| Hospitalization Services | You Pay |
| Room and board, surgery, anesthesia, X-rays, lab tests, and drugs | . \$100 per admission |
| Emergency Health Coverage | You Pay |
| Emergency Department visits | . \$100 per visit |
| Note: This Cost Sharing does not apply if admitted directly to the hospital as ar | n inpatient for covered Services (see |
| "Hospitalization Services" for inpatient Cost Sharing) | · |
| Ambulance Services | You Pay |
| Ambulance Services | |

| Prescription Drug Coverage | You Pay |
|---|--|
| Most covered outpatient items in accord with our drug formulary guidelines: | |
| Generic items from a Plan Pharmacy | \$10 for up to a 30-day supply, \$20 for a 31- to 60-day supply, or \$30 for a 61- to 100-day supply |
| Generic refills from our mail-order service | \$10 for up to a 30-day supply or \$20 for a 31- to 100-day supply |
| Brand-name items from a Plan Pharmacy | \$25 for up to a 30-day supply, \$50 for a 31- to 60-day supply, or \$75 for a 61- to 100-day supply |
| Brand-name refills from our mail-order service | \$25 for up to a 30-day supply or \$50 for a 31- to 100-day supply |
| Durable Medical Equipment | You Pay |
| Covered durable medical equipment for home use in accord with our durable | |
| medical equipment formulary guidelines | No charge |
| Mental Health Services | You Pay |
| Inpatient psychiatric hospitalization and intensive psychiatric treatment | |
| programs | \$100 per admission |
| Outpatient individual and group visits | \$25 per individual visit |
| | \$12 per group visit |
| Chemical Dependency Services | You Pay |
| Inpatient detoxification | \$100 per admission |
| Outpatient individual visits | |
| Outpatient group visits | \$5 per visit |
| Home Health Services | You Pay |
| Home health care (up to 100 visits per calendar year) | No charge |
| Other | You Pay |
| Hearing aid(s) every 36 months | Amount in excess of \$500 Allowance per aid |
| Skilled nursing facility care (up to 100 days per benefit period) | No charge |
| All covered Services related to infertility treatment | |
| Hospice care | No charge |

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Sharing. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).