

City of San José
CLASS SPECIFICATION

Senior Therapeutic Treatment Specialist (FT) (7116)
Senior Therapeutic Treatment Specialist (PT) (7117)

DEPARTMENT	ACCOUNTABLE TO	FLSA STATUS
Parks, Recreation and Neighborhood Services	Therapeutic Services Manager	Non-Exempt

CLASS SUMMARY:

Under direction, incumbents in this classification perform work of considerable difficulty for individuals or group counseling, psychotherapy, case management and treatment services of clients having basic and/or severe emotional, family or social adjustment problems in a community center environment. Directs therapeutic recreation programs for mentally disabled patients. Incumbent supervises or leads a unit /section in a community center setting.

DISTINGUISHING CHARACTERISTICS

This class is the second level in the Therapeutic series and involves complex, difficult treatment plans and services. This is an experienced, licensed mental health and alcohol or drug abuse therapist with a Masters degree. Incumbent develops and performs assignments with considerable independence with clinical supervision. This class differs from Therapeutic Specialists in that an incumbent in the latter performs less complex assignments and does not normally lead or supervise other professional staff members on a continuing basis. Therapeutic Specialists may participate in the development and implementation of treatment plans, but are not authorized to approve such plans. This class differs from Therapeutic Services Manager in that the latter is responsible for treatment services budget and policy direction.

QUALIFICATIONS

(These qualifications are typically required. An equivalent combination of education, experience, knowledge, skills and abilities sufficient to satisfactorily perform the duties of the job may be substituted.)

Minimum Qualifications**Education**

Completion of a Master's Degree from an accredited college or university with a major in Social Sciences, Clinical Psychology or a closely related field. (There are no substitutions for education.)

Experience:

Two (2) years full-time experience providing individual or group treatment for adults diagnosed with serious and persistent mental illness in a community center treatment setting.

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Licenses/Certificates

- Valid State of California Class C driver's license (Class B license may be required for some positions);
- First Aid and Basic Life Support Certificate as required by the State Department of Health may be required;
- Licensed as a Clinical Psychologist or Mental Health Rehabilitation Therapist or Marriage and Family Therapist by the State of California Mental Health Department.
- Registration for one or more of the following may be required:
 - Art Therapist, State of CA;
 - Music Therapist, State of CA;
 - National Council for Therapeutic Recreation Specialist (NCTRC) Certification may be required.

Minimum Basic Knowledge, Skills and Abilities

- Knowledge of theory and treatment practices of intrapsychic, interpersonal, and psychopathology;
- Knowledge of theory and practice of community mental health, cognitive, behavioral and various experiential interventions;
- Knowledge of community agencies and resources in the field of mental health, alcohol and drug abuse;
- Knowledge of physical and mental illnesses and their impact on personality.
- Knowledge of the principles of staff consultation, clinical supervision and training.
- Knowledge of principles and practices of agency organization and administration;
- Knowledge of the purpose and use of DSM-IV;
- Ability to relate effectively with disabled persons, fellow employees and the public;
- Ability to coordinate and conduct a variety special therapeutic recreation activities ad treatment plans and services.

Competency Knowledge, Skills and Abilities

- Ability to apply theory and practice of intrapsychic, interpersonal, and psychopathology;
- Ability to develop and implement counseling programs;
- Ability to perform differential diagnosis.
- Ability to prepare clear and comprehensive reports.
- Ability to develop and implement counseling and internship programs;
- Ability to establish and maintain effective working relationships with others;
- Ability to use psychiatric consultation effectively.
- Ability to assign supervises and directs assigned staffs.

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DUTY NO.	TYPICAL CLASS ESSENTIAL DUTIES: (These duties and estimated frequency are a representative sample; position assignments may vary depending on the business needs of the department.) duties may include, but are not limited to the following:	FREQUENCY*
1.	Develops and conducts intensive counseling, psychotherapy, and treatment plans and services with clients and their families.	Daily
2.	Participates in psychotherapy and case reviews with clinical staff treatment teams or outside agencies to develop and implement mental health client treatment plans.	Daily
3.	Performs and supervises the duties associated with Drop-In Rehabilitation Clients of mental disabilities.	Daily
4.	Supervises and develops professional staff, clinical interns, administrative support staff and volunteers to provide the services offered to the seriously mentally disabled.	Frequently
5.	Evaluates and make recommendations on new techniques for dealing with emotional and psychiatric problems.	As required
6.	Interfaces with law enforcement agencies and ambulance personnel regarding emergencies.	As Required
7.	Directs specialized programs, leisure activities and special events for mentally, physically and neurologically disabled individuals of all ages.	Frequently

*Frequency defined as %, (totaling 100%) or "Continuous" (daily or approximately 20%+), "Frequent"(weekly or approximately 15%+), "Occasional"(monthly or approximately 10%+), "As Required"(Intermittent or 5% or less)

CLASSIFICATION HISTORY (Established 5/07),s002
