



# Memorandum

**TO:** MAYOR LICCARDO  
**SUBJECT:** BUDGET DOCUMENT

**FROM:** Councilmember Dev Davis  
**DATE:** 5/21/19

Approved

Date

5/21/2019

## RECOMMENDATION

That the following recommendation be enacted.

### Proposal

Program/Project Title: Senior Lunch Program at Bascom Community Center

Amount of City Funding Required: \$487,866 (option 2)

Fund Type (i.e. General Fund, C&C funds, etc.): General Fund

This change is:

One-time       Ongoing

Proposal Description, including anticipated outcomes (Please describe how change would affect services for San José residents, businesses, community groups, etc.):

When the Bascom Community Center was planned, it included a senior program with a nutritional program component envisioned. Due to budget cuts, the program was never implemented. Our preference would be to move forward with option 2 below. There is a great need for the senior community in the Bascom Center area to have a nutritious lunch program for physical, social, and mental health benefits.

The City's Senior Nutrition Program operates at 13 community centers across the City of San Jose. The congregate meal program is funded through a partnership between the City of San Jose and the County of Santa Clara. The program provides high quality, cost-efficient, nutritious meals to seniors and individuals with disabilities. The program also provides nutrition education and community resource information to individuals participating in the program to support the role of nutrition in preventing health and long term care. This cost estimate explores the cost associated with adding a Senior Nutrition Program at Bascom Community Center outside the City's partnership with the County of Santa Clara. This addition would augment the service already provided at full cost to the city. If the proposal is accepted, the City will negotiate that Bascom Community Center be included in its 2020-2021 contract negotiations with the County of Santa Clara.

Creating a nutrition program at Bascom Community center would require a Therapeutic Specialist (1.0 FTE) and 0.50 Recreation Leader PT unbenefited positions, as well as non-personal/equipment funding to increase the contract with PRNS's meal provider, Bateman Community Living. The Therapeutic Specialist would implement all coordination associated with the nutrition program including menu planning with Bateman, recruitment and training of volunteers, marketing of program, planning of nutrition and health related seminars and recreation programming before and after congregating meals. The Therapeutic Specialist would connect Senior participants with and without disabilities to community resources and wraparound services and create therapeutic programming to address the physical and mental disabilities that are prevalent in the senior community related to mobility challenges and cognitive decline associated with dementia. Therapeutic programming would be offered to address the increasing mental health needs of the Bascom area that have been reported with the addition of the Overnight Warming Location program. The Recreation Leader positions would assist the Therapeutic Specialist with daily operational tasks such as sign-in/out of programming, serving meals, planning and implementation of recreation programming before and after the meal service.

Programming for the Senior Nutrition Program would operate in the Multi-Purpose room Monday through Friday year-round excluding holidays and community closure dates for a total of 248 serving days. The multi-purpose room has the capacity of serving 100 participants but with the current kitchen equipment available the program would be limited to serving 50 participants. There would need to be additional equipment investment if the program need is to serve over 50 individuals through a cook-onsite model. The cost breakdown below outlines 2 options for this cost estimate:

Option #1; Serving 50 Participants - This option serves up to 50 participants with the current kitchen equipment. The cost associated with this option would cover 248 serving days at \$11.84 per meal for 50 participants. This option would not allow for an increase in participants served over 50 without additional equipment investment.

Option #2: Serving up to 100 participants - This option would allow the program to serve up to 100 participants with an additional investment in upgrading commercial kitchen equipment to meet health codes. The cost includes 248 serving days, at \$11.84 per meal for up to 100 individuals. The additional cost to upgrade the kitchen would include essential items such as dishwasher, free standing warmer, tabletop steamer, stackable ovens and additional freezer and refrigerator.

### **Funding Source**

Essential Services Reserve (\$4 million):

Other (Program/Project/Fund):

**Department or Organization:** PRNS

Department or Organization Contact (list contact information for the individual that certified cost estimates contained within your recommendation):

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