

## Translation Template

Video Time	[Language]	English Translation
00:00 -		You can help keep San José Parks OPEN!
00:05 -		We must all do our part to keep ourselves and others healthy.
00:09		#STAYATHOME Staying home is the only way to stop coronavirus (COVID-19). Only go outside for food, essential work, and for your physical and mental health.
00:17		What is allowed? Walking, running, biking and dog walking in your neighborhood - if you are NOT sick and maintain a physical distance of 6 ft from others.
00:25		Overcrowding and disregard for County and State Orders will lead to the closure of parks in San José.
00:33		What can you do to help? Visiting a park can be good for your physical and mental health. Follow these rules:
00:40		Stay home if you are sick.
00:46		Stay 6 feet away from other people If you cannot maintain a 6-foot distance from others, leave the park.
00:54		Stay in your neighborhood. If you don't live near nature and your favorite place is full, find a less crowded park or trail.
01:02		Avoid peak times and weekends, and do not park in a crowded parking lot, or use a crowded trail.
01:08		Respect all closed areas, including playgrounds.

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01:14		Social gatherings with people outside your household are prohibited, including group, team, and contact sports.
01:21		<b>BE CONSIDERATE!</b> Don't stay too long and yield to others trying to pass, and or walk single-file to keep a safe distance.
01:29		Wash your hands as soon as you get home for 20 seconds.
01:34		<b>TIPS:</b> Use the restroom before you leave the house. Bring your own hand sanitizer and drinking water.
01:41		<b>REMEMBER, YOU CAN HELP KEEP LOCAL PARK OPEN!</b> #6FeetApart #keepSJparksOPEN