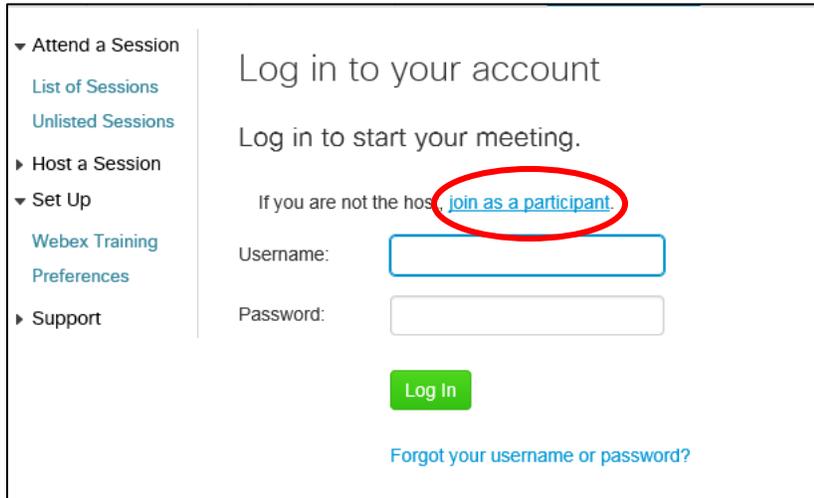
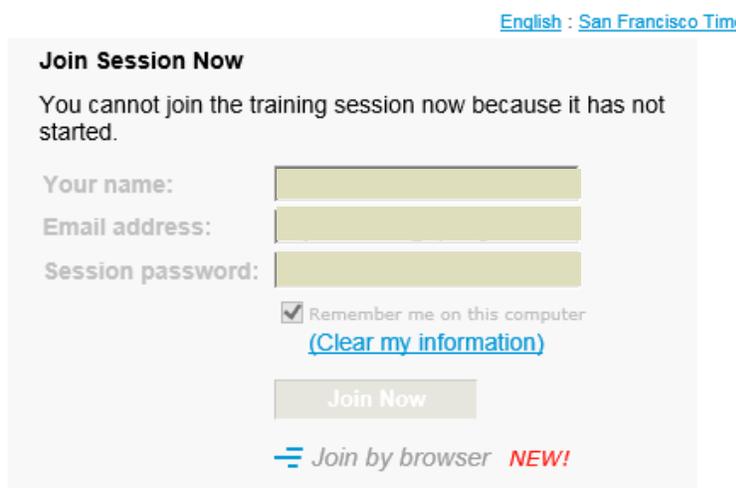


When you are ready to attend a WebEx session, use the below instructions:

1. **Copy and Paste into your internet browser** the full URL from the promotional flyer or email invite from your company.
 - * We strongly recommend you use Google Chrome or Safari to join the WebEx session.
2. You will be directed to the WebEx main site. Click the “Join as Participant” link.

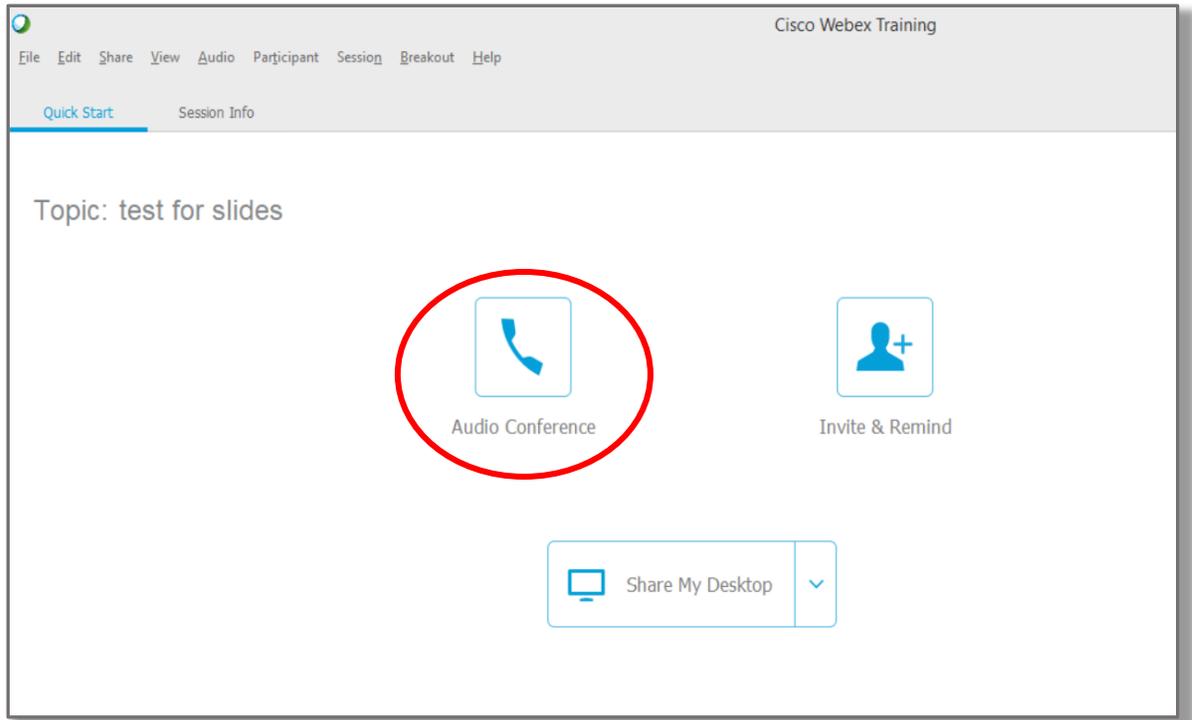


3. Under the “Join Session Now” window, enter your name, email address, and password.
 - o Session Password: Thrive123
 - Password is case-sensitive. Must be typed exactly as listed.



4. Click “Join Now” button.

5. Once you enter the WebEx session, you will need to connect your audio. Click on “Audio Conference” under the Quick Start WebEx menu.



6. Select Use Phone or Use Computer. Choose from the following options to connect your audio.

- **Option 1 “I Will Call in”** – Dial the WebEx phone line listed in your meeting details. Follow automated prompts to input the meeting ID and attendee number.
- **Option 2 “Call Me”** – Input your phone number in the Audio Conference menu. The WebEx meeting will call your number.
- **Option 3 “Call Using computer”** - Audio will come through computer speakers. You will need to “Test your audio speakers” to make sure you are connected.

