

Senior Nutrition Program

The City of San José in partnership with Trio Community Meals provides nutritious meals, to older adults who are 60+ years old at 14 community centers throughout San José. All meals are well-balance and designed by registered dietitians and meet County Health standards. We invite you to experience why community centers are the heart of your districts!

Lunch is served Monday – Friday (Saturday at Roosevelt, Sunday at Northside)

Lunch serving times vary by location,
please see the community center's serving schedules below.

- **The suggested contribution is \$3.00 for seniors 60+ years old, per meal.**
 - Guests 59 years old and younger are required to pay \$9.00 per meal.
- **Participants are required to present their yellow nutrition cards to receive a meal. No exceptions will be made.**
- **No senior age 60+ years old will be denied a meal, based on their inability to provide a contribution.**
- **Reservations for alternate meals are required at community centers.**
 - Community Centers, phone numbers, and reservation requirements are listed below; sites requiring reservations are marked with an asterisk (*).
 - For sites that require a reservation: If you arrive without a reservation, you will be placed on the waitlist, this does not guarantee you a meal.
- **Items on the lunch menu are subject to change without notice. We apologize in advance for any inconvenience this may cause.**
- **Daily and alternate meals may include:**
 - Hot entrée meal
 - Meat or Vegetarian Sandwich
 - Meat or Vegetarian Salad
- **Menus are available at each community center, and menu may vary by site.**

Senior Nutrition Program

San José Locations:

Alma

Community Center

136 West Alma Ave. 95110
408-275-1315 | District 7

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation: 1 week in
advance

Almaden

Community Center

6445 Camden Ave. 95120
408-268-1133 | District 10

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation in advance

Berryessa

Community Center

3050 Berryessa Rd. 95132
408-251-6392 | District 4

Lunch Service Time:
11:30 a.m. - 12:30 p.m.

No reservation required

Camden

Community Center

3369 Union Ave. 95124
408-559-8553 | District 9

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation 1 day in
advance by 12:30 p.m.

Cypress Community & Senior Center

403 S Cypress Ave. 95117
408-244-1353 | District 1

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation 1 day in advance

Evergreen

Community Center

4860 San Felipe Rd. 95135
408-270-2220 | District 8

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation: 1 day in advance
by 1 p.m.

Gardner

Community Center

520 West Virginia St. 95125
408-279-1498 | District 3

Lunch Service Time:
11:30 a.m. - 12:30 p.m.

*Alternate meals require
reservation: 1 week in advance

Mayfair

Community Center

2039 Kammerer Ave. 95116
408-794-1060 | District 5

Lunch Service Time:
11:30 a.m. - 12:30 p.m.

*Alternate meals require
reservation: 1 week in advance

Northside

Community Center

488 N Sixth St. 95112
408-216-4154 | District 3

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation: 1 week in advance

Roosevelt

Community Center

901 E Santa Clara St. 95116
408-794-7555 | District 3

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation: 1 week in advance

Seven Trees Community

Center 3590 Cas Dr. 95111
408-794-1690 | District 7

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation 1 day in advance

Southside

Community Center

5585 Cottle Rd. 95123
408-629-3336 | District 2

Lunch Service Time:
11:30 a.m. - 12:30 p.m.

*Alternate meals require
reservation in advance

Willow Glen

Community Center

2175 Lincoln Ave. 95125
408-448-6400 | District 6

Lunch Service Time:
11:30 a.m. - 12:00 p.m.

*Alternate meals require
reservation 2 days in advance