



Memorandum

TO: MAYOR MAHAN

FROM: Councilmember Pam Foley

SUBJECT: BUDGET DOCUMENT

DATE: May 25, 2023

Approved

Date: May 25, 2023

RECOMMENDATION

Modify the City Manager's 2023-2024 Proposed Budget to incorporate the following budget proposal, including any required funding allocation adjustments.

Proposal

Program/Project Title: John Muir Middle School Wellness Center

Amount of City Funding Required: \$ 10,000

This change is:

X One-time Ongoing

Cost Estimate Number (if applicable):

Proposal Description, including the reason for the need and anticipated outcomes (Please describe how the proposal will affect services for San José residents, community groups, businesses, etc.):

The surge in student anxiety and depression, which was only exacerbated by the pandemic, pushed a large number of schools in the area to adopt On-campus Wellness Centers. With our teachers, administrators, and mental health counselors already strapped and overwhelmed by both budget and staffing shortages, our local schools turned to recruiting parents to assist with their needs. For example, within the Campbell Union High School District, the effort to create a Wellness Center was driven by a handful of parents who spent their free time researching which model would provide the most value to their children’s mental and physical health. The pandemic, which led to campus closures and economic hardship for millions in California, in addition to developmental and social challenges created a sharp increase in our youth’s mental health needs. This funding would allow these efforts to be initiated at John Muir Middle School, to keep up with the increased demand for these services, and help this school establish systems that are preventative rather than remedial.

Funding Source

Essential Services Reserve: \$10,000

Other (Please specify program/project/fund):

Department or Organization Contact

Please list the contact information for the individual that certified cost estimates contained within your recommendation:

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Department or Organization: San José City Council District 9

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